



LOCAL INFORMATION and DAY-TRIPS RATES FOR ACTIVITIES¹

The village of Picinguaba is set in a region that is rich in history, indigenous customs and natural resources. The *Caiçara* people who inhabit this part of Brazil have a long tradition of living together with nature, which we are trying to share with you, both at the hotel (native decoration style, local traditional dishes in our restaurant), and through the trips we tailor in the stunning surroundings.

There are a number of activities, for which information is provided below, that do not require any guide or vehicles and are therefore available at little or no charge. We will be delighted to help you organize them. However, we recommend our guided tours if you want to make the best of your stay, and see the best spots around in a privileged way.

We offer a range of guided tours to some of the many different facets of our very preserved region. We can organize the following tours (day-trips or half-day trips) for you during your stay at the Pousada. **All of them are exclusive** and tailored only to you, our guests, at your convenience.

For your ease, we classified activities in 3 categories: Discovery, Relaxation and Adventure

This information is provided on the website for information only. The activities are best booked locally depending on weather / see conditions, but you can pre-book them if you like.

A – Not-to-be-missed tours

SCHOONER DAY TOUR ([Discovery](#))

Our private schooner boat will take you to the nearby islands of Ilha Comprida and Ilha das Couves, or to Ubatumirim, where you can swim to the deserted beaches or snorkel (equipment available on board) in transparent water. The boat will then cross the bay to Praia da Almada, where delicious beach-type food (shrimps, fish *moqueca*, casquinha de siri, squids) is available. A little before sunset, when the light is the softest, the schooner will come back to Picinguaba crossing the bay. You can ask to check pictures of the trip at the reception desk and the maps at the entrance of the hotel. The boat normally leaves Picinguaba around 10 am.

Price: 95 R\$ / pers. (lunch not included), minimum 6 people. If less than 6 people: 600 R\$ for chartering the boat (exclusively with our Captain)

¹ Those rates are expressed in Reais and may change in case of a strong exchange rate movement. In April 2008, 10 Reais=2,5 Euros.



HIKE IN THE RAINFOREST (Discovery)

This is a tour guided by, our in-house guide, a specialist of the region. Our guide will share with you his exceptional knowledge of the “Mata Atlântica”, the Atlantic rainforest typical of the region, and will introduce you to its infinite flora and fauna. The tour leaves at 10 a.m. and will take you by car to the inlands of Ubatumirim, for an easy hike through beautiful forest towards a spectacular and remote waterfall. After a typical local lunch, you’ll return to Picinguaba mid-afternoon (program may change depending on local conditions).

Price: 180R\$ / pers, min 2 pers, max 5. Transport, guide, and light lunch included.

You’ll need to bring: sun block, mosquito repellent, hat (in the summer).

PARATY – COLONIAL HERITAGE (Discovery)

At a 30 km distance (1/2 hour by car) is the colonial city of Paraty, splendidly preserved, mostly from 17-18th centuries. Our tour may include stopping-by at a sugar cane water mill and alambic, or at the “quilombo”, an old African village formed of runaway slaves. It has a little craft house. It then takes you into Paraty historic center. Rest of the day is free for shopping (nice craft in Paraty) and hanging out. Our guide stays at your service and will wait for you to bring you back to Picinguaba at the end of the afternoon.

Price: the full tour is 150R\$ per person (min 2 people, lunch not included)

Note: We also can simply ask for one of our cars to take you directly to Paraty, or ask for a taxi; price is 80 R\$ per way. (note: in case of a taxi, price and payment should be arranged directly with the taxi driver).

B – Other home-made tours or activities

FAZENDA BEACH (Discovery)

The hotel faces a 3.5 km-long magnificent beach, which is a great option for a walk on your first day in Picinguaba. It is accessible by trail (15 minutes walk, need to swim across the river!), by kayak (20 minutes – 1 km distance), or speed boat (to be arranged).

The village beach, 5 minutes from the hotel (by the big stone) is also a very nice, safe and a closer bathing option.

KAYAK (Discovery / Adventure)

Kayak is one of the best ways to discover the Picinguaba Bay. You can surf the waves of Fazenda beach and row along River Picinguaba in search for wild birds and orchids. You may also leave the kayak at Fazenda beach and stroll along the beach.

We can prepare a picnic if you wish, and one of our junior guides may take you to the river for this adventure if you feel safer

Price: 90R\$ with Guide / 30R\$ without guide

What to bring: hat, sun block, and do not carry non-water resistant equipment (or expensive sunglasses!). Please make sure that you ask for life jackets.

SURF (Adventure)

Learn to surf or improve with our local instructor. The region offers a few ideal and safe spots for beginners and advanced surfers.

You'll stand up on your first lesson and physical fitness is guaranteed! Please ask to one of our Guest Assistants or managers, in case you want to book this for one of the days of your stay.

Price: 100R\$ / pers. ½ day with teacher and board.

Price: 180R\$/ pers. full day with access by motorboat, teacher, board and picnic. (min. 2 people)

MASSAGE (Relaxation)

Don't miss the hands of our home-masseuse Simone! She is at your service at any time with a selection of different massage treatments. Make sure you book in advance.

Please see our massage menu.

SAUNA (Relaxation)

Our firewood sauna is available everyday from 16.00h till 19.00h. If you would like to use our sauna, please make a request at reception.

Price: no charge

SECLUDED BEACHES TREK (Adventure)

The region hides some of the most beautiful and secret beaches in Brazil. Most of them have no road access and the only way to enjoy their beauty is trekking. The level of the walk will be adjusted to your fitness, from 1 hour to 4 hours, with possibly a stretch by boat.

Price: 180 R\$ per person, minimum 2 people (with supl. 50R\$ in case of use of a local speed boat). Local lunch or picnic is included. Personal equipment: repellent, hat, sunscreen, and tennis shoes.

1/2 DAY GUIDED TRIP TO A REMOTE BEACH (Discovery)

You may want to explore the beaches of Picinguaba area such as Fazenda Beach, Brava da Almada, Brava do Camburi with our local junior guide (no English) possibly involving small boat, kayak or walking.

Price: 90R\$ /per person (minimum 02 people) with junior guide, and including or not kayak or small boat

Equipment needed: sun block, towels, t-shirt.

Note: the availability of this tour depends on our guide's availability and sea conditions. We may suggest an alternative activity.

1/2 DAY GUIDED TRIP TO THE FOREST AND RIVERS (Discovery)

You may like to explore a little the area with our local junior guide (no English), possibly involving kayak or walking. Your trip will involve bathing in fresh rivers or waterfalls.

Price: 90R\$ /per person (minimum 02 people) with junior guide.

Equipment needed: sun block, towels, t-shirt

Note: the availability of this tour depends on our guide's availability and sea conditions. We may suggest an alternative activity.

1/2 DAY FISHING (Discovery)

If you like to get the feeling of the Picinguaba way of life you could go out fishing with a fisherman on a motorboat to nearby local spots.

We can cook your catch at dinner if you come back in time! This is a must for children.

Price: 130R\$ /per person (minimum 02 people) with a fisherman. Simple lines and picnic provided.

Equipment needed: sun block, towels, t-shirt

Note: the availability of this tour depends on our guide's availability and sea conditions. We may suggest an alternative activity.

C - OTHER LOCAL TOURS AND SERVICES AVAILABLE

Important Note: The following activities are organized but not owned by the Pousada, and the corresponding services have to be paid directly to the service provider, in cash.

HORSE RIDING ([Discovery](#))

We take you to a place 12km on the other side of Paraty, where fine horses are available, and we can arrange a car to take you to the guide that will be waiting for you with the horses.

He will take you for a 3 hours tour inside the Rain Forest where you will see waterfalls, typical fauna and flora from the region and then you have the option to have lunch in a good local gastronomic restaurant nearby, or at a simpler place.

There is no level of difficulty. The guide will adapt the tour according to your abilities.

Prices for reference only: R\$ 250,00 per person (transportation + horses and guide)

Equipment needed: hat, sun block, mosquito repellent, towels

DIVING / WATER SKIING ([Adventure](#))

In Paraty Bay, diving and water skiing is a real delight, and a pretext to discover magic islands. The operators we use on an exclusive basis meet international security standards. Even beginners may enjoy this fun experience; in this case, you will then have the instructor next to you the whole diving period.

Please let us know your interest so we can organize this for you.

Prices for reference only: 300R\$ per person (taxi + diving/water skiing)

Equipment needed: sun block

There are other more specific tours available not included in this list that we can organize if you wish. Let us know if you are a serious hiker or surfer or would like something specific to be prepared for you, and we will gladly help you.